

18<sup>th</sup> Annual Foot Pursuit 5k Run & Walk  
Saturday, March 4, 2023  
Race starting times beginning at 9:00 a.m. and every 10 minutes  
Registration 7:30-8:45 a.m.

**Distance:**

3.1 Mile Run / Walk---All Trail

**Course:**

**Sunset Hill County Park**  
**775 N Meridian Rd, Valparaiso**  
Challenging wooded trail run with rolling hills, unpredictable weather, and fun times!

2021 XYZ Trail Series Race  
USA Track & Field Sanctioned Event

**Age group categories:**

Male / Female: 0-11, 12-14, 15-19, 20-24  
25-29, 30-34, 35-39, 40-44, 45-49, 50-54,  
55-59, 60-64, 65-69, 70+

**Awards:**

T-shirts guaranteed to all **competitors registered before February 20**. Race shirts for those registering on or after February 21, and on race day, will be first come first served. Race awards to both overall male and female winners. First three finishers in each age group (male/female) will receive awards.

**Registration: (Online only)**

<https://runsignup.com/Race/IN/Valparaiso/FootPursuit5KTrailRace>

\$25.00 No Shirt Option (no xyz discount)  
\$30.00 BEFORE February 20, 2023  
\$35.00 On or After February 21 (online only)  
\$35.00 Day of Race  
\$2.00 Discount for XYZ participants

**Police / Fire / Criminal Justice Challenge:**

In addition to the open race, there will be a Police/ Fire/ Criminal Justice Challenge. The Challenge takes the top three finishers from their department, combines their finishing places, and uses the total to compete against other departments. Winning department receives bragging rights and a traveling trophy. This also applies to the High School Criminal Justice Programs in Indiana that will be competing against each other. Departments eligible include any department related to Police, Fire and Public Service. **(Final determination of qualification goes to the Race Director; runners must work for or be retired from the department they represent.)**

**Amenities:**

One water station (if allowed), Age group and overall awards.

Online Registration ONLY at  
<https://runsignup.com/Race/IN/Valparaiso/FootPursuit5KTrailRace>

**For questions and information contact:**

<https://www.portercountysheriff.com/foot-pursuit-5k>  
Daniel Alonzo – telephone: 219-299-0184  
[Footpursuit5k@mail.com](mailto:Footpursuit5k@mail.com)

Proceeds will benefit **The Timothy Hecht Scholarship Fund**

# The Porter County Sheriff's Office



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## The FOP Lodge #165

Present the 18<sup>th</sup> Annual

# Foot Pursuit 5K

Run & walk

at Sunset Hill County Park

Saturday, March 4, 2023

Race Start Times begin at 9:00 am and every 10 minutes (Choose at sign up)

Race Day Registration/Check-In

7:30 am until 8:45 am

visit us online @

<https://www.portercountysheriff.com/foot-pursuit-5k>

or find us on Facebook!

## The Timothy Hecht Scholarship Fund

On February 11, 1999, Patrolman Timothy Hecht suffered a fatal heart attack during a training session for the Porter County Sheriff's Department Emergency Response Team. He and other officers were testing to be placed on the new assignment. Patrolman Hecht had served with the Porter County Sheriff's Department for eight years.

*The Timothy Hecht Scholarship Fund is solely funded by proceeds from the Foot Pursuit 5k, which is given every year to several students pursuing a degree in the field of Law Enforcement.*



**Porter County FOP #165**



*Porter County* 

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*Sheriff's Office* 

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